



SAG, DRAG & FALL

32 count, 4 wall, Beginner Line Dance

Choreographed by Frank Trace (January, 2009)

Music: "Sag, Drag & Fall" by Sid King and The Five Strings (bpm 184)
(from the CD "Ain't I'm A Dog")

"Wastin' Time With You" by Carlene Carter (bpm 184)

This is a tribute to the fun lovin' "Rockabilly" sound of the 50's.

[Intro: 8 Counts](#)

DIAGONAL RIGHT STEP, SLIDE, STEP, SCUFF

DIAGONAL LEFT STEP, SLIDE, STEP, SCUFF

1-4 Step R diagonally to Right, slide L up to meet R, step R diagonally Right, scuff L forward

5-8 Step L diagonally Left, slide R up to meet L, step L diagonally Left, scuff R forward

STEP SCUFFS MAKING "ARC" PATTERN

1-8 Step R, scuff L, step L, scuff R, step R scuff L, step L scuff R (3:00)

Note: As you do the step scuffs you are making an "arc" pattern, doing a $\frac{3}{4}$ turn left ending at the 3:00 wall.

TOE STRUT JAZZ BOX

1-8 Cross R toe over L, step down on R,
step L toe back, step down on L,
step R toe to Right side, step down on R,
step L toe slightly forward, step down on L

FORWARD STEP, SLIDE, STEP, HOLD, STEP, 1/2 PIVOT, STEP, HOLD

1-4 Step R forward, slide L up to meet R, step R forward, hold

5-8 Step L forward, pivot 1/2 to Right, step L forward, hold (9:00)

REPEAT

20.09.2009