



## **Back to the Start**

Count: 32 - Wall: 4 - Level: Absolute Beginner  
Choreographer: Hayley Wheatley (February 2019)  
Music: "Back To The Start" By Michael Schulte

### **INTRO: 32 Counts (Start on Heavy Beat)**

**Restart on Wall 5 after count 16 (Facing 3:00)**

#### **S1: WALK R, L, R HITCH WITH ¼ TURN R, WALK L,R, L HITCH**

1-2-3-4 Walk Forward Right, Left Right,  
Hitch Left knee while making ¼ turn right **(3:00)**  
5-6-7-8 Walk forward Left, Right, Left, Hitch Right knee 3:00

#### **S2: GRAPEVINE RIGHT, GRAPEVINE LEFT,**

1-2 Step RF fwd to R side, Step LF behind 3:00  
3-4 Step RF to R side, Touch L toe beside RF 3:00  
5-6 Step LF fwd to L side, Step RF behind 3:00  
7-8 Step LF to L side, Touch R toe beside LF 3:00

**\*\*Restart Here on wall 5( facing 3:00)**

#### **S3: HEEL TAP, HEEL, TAP, TWIST HEELS RIGHT, CENTRE, RIGHT, CENTRE**

1-2 Tap R heel fwd, Close RF beside LF 3:00  
3-4 Tap L heel fwd, Close LF beside RF 3:00  
5-6 Twist both heels to R, Twist both heels back to centre 3:00  
7-8 Twist both heels to R, Twist both heels back to centre 3:00

#### **S4: STEP FORWARD DIAGONALLY, TOUCH, STEP BACK DIAGONALLY, TOUCH, STEP BACK DIAGONALLY, TOUCH, STEP BACK DIAGONALLY, TOUCH**

1-2 Step RF fwd to R diagonal, Touch L toe beside RF and clap hands 3:00  
3-4 Step LF back to L diagonal, Touch R toe beside LF and clap hands 3:00  
5-6 Step RF back to R diagonal, Touch L toe beside RF and clap hands 3:00  
7-8 Step LF back to L diagonal, Touch R toe beside LF and clap hands 3:00

Start again

Quelle: <https://www.copperknob.co.uk>

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