

Ai Se

Count: 80 – Wall - 1 – Level - Beginner / Improver

Choreographer: Jose Miguel belloque vane (nl), Roy Verdonk (nl)

Music: Ai Se Eu Te Pego - Michel Telo

Intro: 48 counts - Phrasing: A, B, C, A, B, C, B, C

Part A - 32 counts

Mambo forward R, mambo backward L, step 1/2 turn L, shuffle forward L

1&2 Rf rock forward, recover onto Lf, Rf step next to Lf

3&4 Lf rock backward, recover onto Rf, Lf step next to Rf

5&6 Rf step forward, make 1/2 turn L, Rf step forward (6 o'clock)

7&8 Lf step forward, Rf step next to Lf, Lf step forward

Paddle 4X with 1/2 turn L, cross mambo R/L

1& Rf touch to right side whilst making 1/8 turn left, hitch right knee

2& Repeat

3& Repeat

4& Repeat (12 o'clock)

5&6 Rf rock in front of Lf, recover onto Lf, Rf step to right

7&8 Lf rock in front of Rf, recover onto Rf, Lf step to left

Turning shuffles R/L to left, rock/recover, shuffle R with 1/4 turn R

& Make 1/2 turn left on Lf (6 o'clock)

1&2 Rf step to right, Lf step next to Rf, Rf step to right

& Make 1/2 turn left on Rf (12 o'clock)

3&4 Lf step to left, Rf step next to Lf, Lf step to left

5,6 Rf rock in front of Lf, recover onto Lf

7&8 Rf step to right, Lf step next to Rf, make 1/4 turn right whilst

stepping Rf forward (3 o'clock)

Rocking chair L, jazz box with 1/4 turn L

1,2 Lf rock forward, recover onto Rf

3,4 Lf rock backward, recover onto Rf

5,6 Lf cross in front of Rf, make 1/4 turn left whilst stepping Rf backward

7.8 Lf step to left, Rf step forward (12 o'clock)

Part B - 32 counts

Touches with hold (2X), step 1/2 turn L, walk R/L with shimmies

1,2& Lf touch to left, hold, Lf step next to Rf

3,4 Rf touch to right, hold

5,6 Rf step forward, make 1/2 turn left (6 o'clock)

7,8 Walk forward R/L (optional: shimmies)

Out/out with arm movements (2X), hold

1,2 Rf step out to right, Lf step out to left

Arm movements: 1 RH forward, 2 LH forward

3 pull both hands to sides of waist



4,5 repeat count 1,2 with arms 6,7 Repeat count 3 twice 8 Hold

Counts 17-32, repeat counts 1-16, end to 12 o 'clock

Part C – 16 counts

Sway R/L, shuffle to R, sway L/R, shuffle to L 1,2 Sway R/L 3&4 Rf step to right, Lf step next to Rf, Rf step to right 5,6 Sway L/R 7&8 Lf step to left, Rf step next to Lf, Lf step to left

Shuffles R/L/R/L to L in a box - ccw

& make 1/4 turn left
1&2 Rf step to right, Lf step next to Rf, Rf step to right (9 o'clock)
& make 1/4 turn left
3&4 Lf step to left, Rf step next to Lf, Lf step to left (6 o 'clock)
& make 1/4 turn left
5&6 Rf step to right, Lf step next to Rf, Rf step to right (3 o'clock)
& make 1/4 turn left
7&8 Lf step to left, Rf step next to Lf, Lf step to left (12 o'clock)

Ps. Dance can be danced in contra as well!!!!

Have fun!!!!

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